



## **SIX INDIVIDUALS RECEIVE FIT TRAINING IN BRADENTON, FL**

On January 15 six new people joined the FIT family by taking the all-day FIT Leadership Course. The group may have been small, but it may prove to be one of the most effective. Every person in the picture is either already involved or actively planning to use the materials and knowledge. At left is Nikki George. Her husband, Jon, conducts numerous Personal Insight and Free to Grow groups in the Sarasota County Jail. Next to her is Virgil Verdura, winter visitor from Frankfort, NY. He has many years of prison experience in the NYS system. At center is Geneva Presha. Geneva has wasted no time in getting started. Already, she is preparing to conduct the Parenting 101 session at the Bradenton Transitional Center (state prison of women). Next to her, in orange, is Sherry Schiopucie. Sherry works at the Learn to Fish Recovery House for Women in Bradenton where our program is already in use. On the end are Don and Judy Wyllys. Both are planning new FIT units at the Learn to Fish Recovery House. Finally, in the back, are FIT Trainer Don Pratt and Don Batterman.

The FIT program is active in jails, prisons, half-way houses, and community centers throughout Florida and in several states. To see if you could schedule an all-day training in your area, contact President Don Pratt at (941) 739-1338. The training fee is \$25 and includes a 66-page training manual. Within the state of Florida, our trainers provide for their own travel expenses. All money collected goes toward our program services. Outside Florida, hosts are asked to pay the travel expenses of our trainers.

Benefits of joining the FIT family by completing our training include: recognition and support from our Central Office, eligibility to apply online for beautiful and free completion certificates for each member of your class, connection with our network of facilities and facilitators

## **We Get Mail**

*from Dr. D. Lee Spell, Lead Detention Counselor, Polk County Sheriff's Office:*



Wow, this December issue of the newsletter is one of the best I have seen yet.

# 2010 GRADUATION DATA

## 2010 Integrity Curriculum Student-Unit Completions

FOCUS AREA	UNIT	TITLE	GRADUATES	STUDENT-HOURS
PARENTING	1	Parenting (discontinued 2010)	1	10
	11	Dad's Coaching Clinic (discontinued 2010)	111	1,095
	12	Parenting from the Heart (discontinued 2010)	42	450
	13	Parenting 101 (new, 2009)	103	1,155
	14	<u>Godly Parenting, Graduates: 37, Student-Hours 810</u>	37	810
		<b>TOTAL PARENTING</b>	<b>294</b>	<b>3,520</b>
PERSONAL INTEGRITY	2	Personal Insight	187	3,322
DECISION MAKING	3	Free to Grow	104	2,422
ANGER MANAGEMENT	4	Anger	254	4,588
RELATIONSHIPS	5	Handling Loss and Grief	116	2,134
	51	<u>Dating and Marriage (new, 2010)</u>	37	644
		<b>TOTAL RELATIONSHIPS</b>	<b>153</b>	<b>2,778</b>
ECONOMICS	6	Financial Success from Scratch	116	1,659
	7	COMPLETE PROGRAM (all focus areas + 100 Clock-Hours of Small-Group Interaction)	27	N/A
		<b>TOTALS</b>	<b>1,135</b>	<b>18,289</b>

# YEARLY PERFORMANCE DATA

## Last 3 Years

Year	2008 (Mar-Dec)	2009	2010	TOTALS
Graduates	623	844	1135	2602
Student-Hours	8676	12686	18305	39667
Institutions	9	16	23	N/A

**PRESIDENT'S REPORT:** In spite of income dropping to less than half of the previous year, FIT program services increased over those of 2009. Unit graduations increased from 844 to 1,134. Student-hour tallies increased from 12,686 to 18,305 and institutions served went up from 16 to 23.

By midyear, the cash deficit was so great that austerity measures were incorporated. Only 144 free books were distributed in the last six months as opposed to 775 distributed in the first six months. Many facilitators were lost as there were no books for their classes. Funding efforts concentrated on church and individual support. By year's ends there was some recovery, but not to previous levels. Recruitment of new volunteers was also increased.

